

Best Practices

Overview of Screening

Duration: 1 Hour

Training Objectives:

1. Identify the purpose of a Behavioral Health Screener
2. Differentiate between screening and assessment
3. Show examples of youth and adult screening tool items
4. Identify some of the common barriers to an effective screening process
5. Create ideas for strengthening their local referral and screening processes

Overview of Assessments

Duration: 4 hours

Training Objectives:

1. Describe how behavioral assessment involves systematic evaluation of the individual
2. Identify the four major sections of an assessment: reason for assessment, data collection, clinical reference for services, and interpretation
3. Recognize how measurements factor into assessment
4. Recognize that a comprehensive assessment looks at both internal and external factors for services
5. Utilization of assessment findings to determine appropriate treatment

Overview of Best Practices in Evidence Based Treatment

Duration: 1 to 2 hours

Training Objectives:

1. Define the term evidence based practice
2. Distinguish between evidence based practice and practice based evidence
3. Identify at least three websites where they can search for evidence based practices tools
4. Describe basic principles in an intervention becoming labeled an evidence based treatment
5. Identify at least four issues to attend to in selecting an evidence based treatment
6. Recognize four common evidence based treatments used in North Carolina